TIDSSKJEMA FOR NITTEDALSLEKENE 2 JUNI 2018

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| KL | **60/100m** | **400m** | **Mellomd.** | **Høyde** | **Lengde** | **Kule** | **Spyd** |
|  |  |  |  |  |  |  |  |
| 11.00 |  | J13(3) |  |  | G8-9(13) | J10-15(15)+ MS(1) |  |
| 11.10 |  | G13-16(4) |  |  |  |  |  |
| 11.15 |  |  |  |  |  |  |  |
| 11.20 | G/J(7) |  |  |  |  |  |  |
| 11.30 | J8(4) |  |  |  |  |  |  |
| 11.40 | G8(4) |  |  |  | J/G 7 (7) | G10-14(7) |  |
| 11.50 | J9(6) |  |  |  |  |  |  |
| 11.55 | G9(6) |  |  |  |  |  |  |
| 12.05 | J10(5) |  |  |  | J8-9(9) |  |  |
| 12.10 | G10(5) |  |  |  |  |  |  |
| 12.15 | G11(4) |  |  |  |  |  |  |
| 12.20 | J11(9) |  |  |  |  |  |  |
| 12.25 | J12(4) |  |  |  |  |  |  |
| 12.35 | G12(3) |  |  |  |  |  |  |
| 12.40 | **100m** |  |  |  | J10-11(12) |  |  |
| 12.45 | J13-14(6) |  |  |  |  |  |  |
| 12.50 | G13(3) |  |  |  |  |  |  |
| 13.00 | J15(5)+G17 |  | **600m** |  |  |  |  |
| 13.15 |  |  | G10-12(10) | Alle kl(5) | G14-19(3) |  |  |
| 13.25 |  |  | J10-11(10) |  |  |  |  |
| 13.30 |  |  | J12(6) |  |  |  |  |
| 13.35 |  | **200m** |  |  |  |  |  |
| 13.40 |  | J13(6) |  |  |  |  |  |
| 13.50 |  | G13/J14(3) |  |  | G10-13 (13) |  |  |
| 14.00 |  | J15/G17/MS |  |  |  |  |  |
| 14.10 |  |  | **1500m** |  |  |  | Alle kl(4) |
| 14.20 |  |  | G13/J14(5) |  |  |  |  |
|  |  |  | **800M** |  |  |  |  |
| 14.30 |  |  | J13-14(4) |  | J12-15(10) |  |  |
| 14.40 |  |  | G13-19(7) |  |  |  |  |
| 15.00 |  |  | KS A-heat |  |  |  |  |
| 15.10 |  |  | MS A-Heat |  |  |  |  |
| 15.20 |  |  | KS B-heat |  |  |  |  |
| 15.30 |  |  | MS B-heat  |  |  |  |  |
| 15.40 |  |  | MS C-heat |  |  |  |  |
| 15.50 |  |  | MS D-heat |  |  |  |  |
| 15.55 |  |  | **3000M** |  |  |  |  |
| 16.00 |  |  | A-heat |  |  |  |  |
| 16.20 |  |  | B-heat |  |  |  |  |
| 16.35 |  |  | **2000m** |  |  |  |  |
| 16.40 |  |  | KS(13) |  |  |  |  |